



# Autism Conference – Self Awareness

March 20<sup>th</sup> 2018 Mercure Daventry Court Hotel

Complimentary event for World Autism Awareness Day, bringing together advocates, professionals, staff, family members and the people we support

Guest speaker

## Professor Digby Tantom

Consultant Psychiatrist at Dilemma Consultancy will be presenting;

“Self-awareness and the awareness of other people and how they are linked”.

## Sue Hatton

Autism Advisor. Who has co-authored four books with different autistic people, will speak about the journey to self-awareness and her own learning.

Guest speaker

## Linda Woodcock

Autism and families consultant and parent of a young man with autism. Linda will explore what self awareness means for someone who is autistic and has learning disabilities.

## People we support

Autistic people talking about learning to understand themselves.

**More Guest speakers to be announced soon**

## Benefits of attending

- This will be a fascinating day, that will get to the heart of why we need to improve our understanding of Self Awareness and Autism.
- Self assess and reflect on own practice.
- Network with colleagues and other professionals, who are working to improve services and best practice.

To register for your complimentary place please email [events@tracscare.co.uk](mailto:events@tracscare.co.uk) or call 07779 452354

